



Moving on to P1

Transition Information for Parents and Carers



Transition is what we call it when a child moves from one thing to another.

There are lots of little transitions during the day – getting dressed, turning the television off, putting jackets on to go outside, going to bed, all parents know that some transitions are easier than others! Other transitions are bigger, for example starting a new nursery or school. All children need help to prepare for transitions.

In Edinburgh, all Early Years Settings and Primary One in schools, are working together on one big project using Michael Rosen's, *We're Going on a Bear Hunt*.

This means that no matter what nursery your child is enrolled in, or what primary school they move into, all children will be familiar with the same story and will have shared learning experiences. Research shows that shared experiences are one of the ways that we can support children during times of transition.

Your child's nursery will be offering lots of exciting experiences based on the story in the summer term. There are also ideas based around the story of '**The Bear Hunt**' to support you over the summer and links will be shared in June.

You can try these ideas out with your child during the holidays, to help them to feel positive about the move into school. We hope these activities are things that might already fit into your daily routine.

The important thing to remember for all parents is that what you are already doing with your children at home IS supporting their learning. Research shows us that in the Early Years children learn best through play and real-life experiences, like helping sort the washing, preparing meals, developing independence with clothes and personal care, and simply by talking with family and friends.

P1 Learning starts with Play

Primary schools across Edinburgh are working hard to ensure that all children will have the best start to Primary 1. Your child's P1 classroom will have lots of opportunities for play and learning. The most important thing at the start will be making sure that everyone feels welcomed and finds something they enjoy at school.

Your child will be supported and encouraged into their new class, with lots of chances to build relationships, make friends and play to learn.

We hope that you and your child enjoy the summer transition project and the move to Primary 1. Watch out for the involvement of the local libraries, shops, and Edinburgh community in the transition process. There may be a few bears hidden in plain sight across the city... #EdinBear.